



Source: <http://www.flickr.com/photos/zach/>

June 2017

## Keeping up to date

... without feeling overloaded

# Session Summary

## Bringing everything to one place

- ▶ Using RSS

## Traditional methods for current awareness

- ▶ Typically via email
- ▶ Search platform alert services
- ▶ Journal article alert services
- ▶ Table of Contents page alerts
- ▶ News bulletins

## Social media as a current awareness tool

- ▶ Blogs & Twitter
- ▶ Social networking - Facebook, LinkedIn

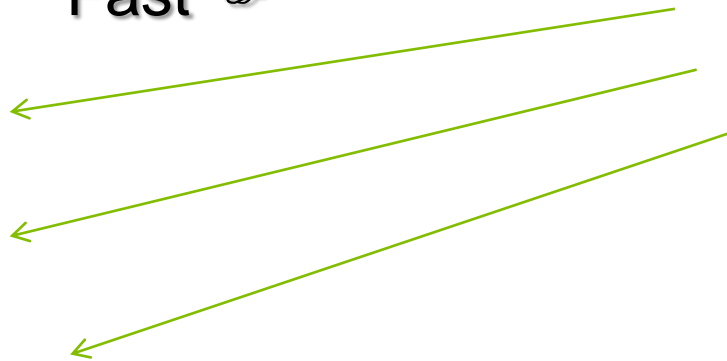
Slow 👎



eg  
News websites  
Blogs  
Journal ToCs

**RSS reader**

Fast 👍



News websites  
Blogs  
Journal ToCs  
Any site with **RSS feed**

# RSS Feeds

- **‘Really Simple Syndication’ or ‘Rich Site Summary’**
- Collection and delivery of new web content without the need to visit individual websites
- Collect items when published
  - ensures that you are kept up-to-date
  - minimal effort
- Items gathered via RSS can be viewed in an RSS **‘Reader’**



# Finding RSS Feeds

- Many sites provide updates using RSS eg
  - Journals – eg for table of contents
  - Database platforms – Ovid; PubMed etc
  - News websites
  - Blogs
- Look out for the RSS icons:



# RSS Readers

- Set up and manage news and alerts
- All in one place within the reader
- Free to use (basic version)
- **Feedly**
  - Web & mobile apps (Android, iOS)
- **Netvibes**
  - Web (Responsive – ie adapts to screen size for mobile)
  - Mobile apps – iOS only but out of date
  - Also a personal dashboard
- **Review of readers** <https://www.lifewire.com/top-free-online-rss-readers-3486649> (May 2016)

- **Create account (free)**
  - <http://feedly.com/>
- **Add Content (ie feeds)**
  - Up to 100 feeds
  - Eg feeds from different journals eg for Nature
  - Can use a URL eg <http://www.nature.com/nature/newsfeeds.html>
  - Or Search for Nature
- **To Organise / Delete feeds**
  - Click on profile icon top right
  - Can create a collection, then add feed to a collection

Tutorials: <http://feedly.uservoice.com/knowledgebase>

- **Create account** (Basic option is free)
  - <http://www.netvibes.com/>
- **Reader mode**
- **Add a feed**
  - Eg for JAMA  
<http://jamanetwork.com/pages/rss>
- **Add Tab** (in Reader mode, listed bottom left)
  - eg a Journals tab to hold feeds from different journals



- Allows you to aggregate from different sources eg:
  - Blogs, Twitter, FaceBook, News sites
  - Podcasts / Video
  - Any site that provides a 'feed'
- Netvibes help
  - <http://faq.netvibes.com/>

# Article Alert services

- Ovid
- EBSCOhost
- Web of Science
- PubMed
- NHS Healthcare Databases
  
- Citation alerts

# JournalTOCs

- Over 29,000 journals covered (includes 10,000 selected open access; 11,000 hybrid)
- Search and browse journals
- Register to save selected ToCs
  - up to 30 for free
- Export ToCs to OPML file (for import to Reader) or email alerts
- Freely available, UK HE produced.
- <http://www.journaltoCs.ac.uk/>

- Create an alert which emails you the tables of contents of journals which you select
- Create an alert which searches for keyword matches in the titles of ANY of the journals
- SGUL login (not available to NHS)
- Zetoc RSS available for journals providing RSS feeds
- <http://zetoc.mimas.ac.uk/>

# Individual Journal Alerts

- Most journal publishers offer online alerting services
- Find your favourite journal site
- Register with the publisher site and sign-up for alerts to your inbox or RSS reader
- Citation alerts

[Home](#)
[Register](#)
[Search](#)
[Tools](#)
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DynaMed Plus and McMaster University's Health Information Research Unit are collaborating to provide you with access to current best evidence from research, tailored to your own health care interests, to support evidence-based clinical decisions.

This service is unique: all articles (from over 110 premier clinical journals) are pre-rated for quality by highly trained research staff, then rated for clinical relevance and interest by at least 3 members of a worldwide panel of practicing physicians. Here's what we offer:

- A searchable database of the best evidence from the medical literature
- An email alerting system
- Links to selected evidence-based resources

#### Hit Parade: The most often read articles in all disciplines, in the past 30 days

1. **Noninvasive Ventilation in Acute Hypoxemic Nonhypercapnic Respiratory Failure: A Systematic Review and Meta-Analysis.**  
*Crit Care Med (Review)*
2. **Effect of Cephalexin Plus Trimethoprim-Sulfamethoxazole vs Cephalexin Alone on Clinical Cure of Uncomplicated Cellulitis: A Randomized Clinical Trial.**  
*JAMA (Original)*
3. **Predicting suicidal behaviours using clinical instruments: systematic review and meta-analysis of positive predictive values for risk scales.**  
*Br J Psychiatry (Review)*

#### News and headlines:

- TV in bedroom 'risk factor' for child obesity  
Mon, 05 Jun 2017 16:30:00 GMT
- 'Everyday chemicals' linked to cancer  
Fri, 02 Jun 2017 17:30:00 GMT
- Cold water 'just as good as hot' for handwashing  
Thu, 01 Jun 2017 17:00:00 GMT
- Link between stress in pregnancy and ADHD unfounded  
Wed, 31 May 2017 17:30:00 GMT
- Parents' phone addiction may lead to child behavioural problems  
Wed, 31 May 2017 16:30:00 GMT

#### Register now:

Not yet signed up to EvidenceAlerts?  
[Click here to register](#)

<http://plus.mcmaster.ca/EvidenceAlerts/>

- Use **eTOCS** to receive email notification for new journal issues

The screenshot shows the HighWire website interface. At the top left is the HighWire logo, a red circular pattern of dots. To its right is the text 'HighWire'. In the top right corner, there is a dark grey button labeled 'FOR RESEARCHERS'. Below the logo, a breadcrumb trail reads 'Home » For Researchers » Personalize (My HighWire)'. The main content area is titled 'PERSONALIZE (MY HIGHWIRE)' in red. It features two buttons: 'Sign In' and 'Register', both with red play icons. Below these is a section for 'My Alerts' with a yellow folder icon. The 'eTOCS' alert is described as: 'Table of Contents from current content (TOCs); Notification that an issue has just gone online; Announcements from journal publishers; where available: Tables of contents from future content (FTOCs); Pre-print publication notification. [More](#)'.

HighWire

FOR RESEARCHERS


Home » For Researchers » Personalize (My HighWire)

**PERSONALIZE (MY HIGHWIRE)**

Already have an account? [Sign In](#)

New User? Set up an account with HighWire to access any of the features below. [Register](#)

**My Alerts**

 **[+] eTOCs**  
Table of Contents from current content (TOCs); Notification that an issue has just gone online; Announcements from journal publishers; where available: Tables of contents from future content (FTOCs); Pre-print publication notification. [More](#)

# News bulletins

- All of the key UK health organisations produce news bulletins or newsletters
- Normally available via email sign-up
- For example:
  - NICE eNewsletter
  - <https://www.nice.org.uk/news/nice-newsletters-and-alerts>
  - St. George's Library Health E-News



# Social media

- Blogs
- Twitter
- Social networking sites – Facebook, LinkedIn



Source: <http://www.webdesignbooth.com/>

## Some examples ...

- **BMJ group blogs** <http://blogs.bmj.com/>
  - Highly recommended: Richard Lehman's weekly review of medical journals
  - <http://blogs.bmj.com/bmj/category/richard-lehmans-weekly-review-of-medical-journals/>
- **PLoS blogs** - <http://blogs.plos.org/>
- **Trust the Evidence** (Carl Heneghan, CEBM Director)
  - <http://www.carlheneghan.com/>
- **Top Health & Medical Bloggers (US / Canada focus)** [http://hlwiki.slais.ubc.ca/index.php/Top\\_Health\\_%26\\_Medical\\_Bloggers](http://hlwiki.slais.ubc.ca/index.php/Top_Health_%26_Medical_Bloggers)

Blogs often have links to other related blogs

- **St George's Library blog**- check Blogs list on home page
  - <http://stglibrary.wordpress.com/>

- Can see what people are tweeting

- Don't need an account to do this



- Twitter search

- <https://twitter.com/search-home>

- Search tweets using hashtag eg  
#ukmeded #nhs

- Useful for conferences – will have an  
'official' #

- Healthcare Hashtag Project (US)

- <http://www.symplur.com/healthcare-hashtags/>

- Check Twitter lists to find people
  - Who do they follow?
  - Who is following them?
  - NB Need a Twitter account to view lists
- Check websites or blogs for professional or educational institutes, charities, libraries etc
  - Will most likely have a Twitter account



# Twitter

- If you want to write tweets or 'follow' people
  - ▶ Need to create an account
  - ▶ Help guides:
    - <https://support.twitter.com/articles/215585-getting-started-with-twitter#>
    - <http://stglibrary.wordpress.com/2011/10/26/how-can-academics-use-twitter/>
- LSE Twitter guide for academics
  - [http://www2.lse.ac.uk/newsAndMedia/news/archives/2011/10/twitter\\_guide.aspx](http://www2.lse.ac.uk/newsAndMedia/news/archives/2011/10/twitter_guide.aspx)
- York University – Twitter for Research
  - <http://www.scribd.com/doc/124317896/Twitter-for-research>
- HCUK Twitter Guide for NHS and Social Care
  - <http://www.healthcareconferencesuk.co.uk/news/hcuk-twitter-guide-for-nhs-and-social-care-where-to-start>



Source: <http://www.freeiconsweb.com/>

# Twitter at SGUL

- @StGeorgesUni
- @StGeorgesTrust
- @SWLSTG
- @givingtogeorges – NHS
- @INTO\_SGUL & @INTOHigher
- @sgullibrary
- @SGUL\_SU
- @GlobalSGUL
- @SGULGradSch
- @SGULIT
- @uni\_sgul\_ku

# Twitter

- @nhssm
- @WeNurses
- @WeDocs
- @WePharmacists
- @WeAHPs
- @PhysioTalk
- @NatElfService / @Mental\_Elf
- @amcunningham – Anne Marie Cunningham  
GP & Primary Care Clinical Director at Aneurin  
Bevan Health Board (Previously lecturer at Cardiff  
Uni Medical school)
- @mellojonny - Jonathon Tomlinson; London GP  
& NIHR Research fellow

- Facebook

- LinkedIn

- <http://getbetterhealth.com/7-reasons-why-doctors-should-use-linkedin/2010.06.24>

- Library website >  
Researchers

<http://www.library.sgul.ac.uk/researchers>

- Social Media tools  
Eg ResearchGate, Mendeley



- NHS Current Awareness Services
  - <http://www.library.sgul.ac.uk/nhs-staff/keeping-up-to-date>
- Education Horizon-Scanning Monthly Bulletin
  - [http://www.londonlinks.nhs.uk/current\\_awareness/education-horizon-scanning-bulletin](http://www.londonlinks.nhs.uk/current_awareness/education-horizon-scanning-bulletin)
- Trending articles
  - BMJ most read / shared in UK <http://www.bmj.com/>
  - Lancet most read / most cited (Scopus) <http://www.thelancet.com/>
  - Altmetric top 100 <https://www.altmetric.com/top100/2016/>
  - PubMed Commons – what people are saying / reading <http://www.ncbi.nlm.nih.gov/pubmedcommons/>

## Steps:

1. Set up RSS reader/personal dashboard to add RSS feeds from all your favourite websites or topics
2. Set up database topic alerts via email/RSS
3. Set up alerts from key journals via email/RSS
4. Social media – need to be selective!
5. Help with these features - YouTube tutorials