Keeping up to date

... without feeling overloaded

Source: http://www.flickr.com/photos/zach/
Bringing everything to one place
  ▶ Using RSS

Traditional methods for current awareness
  ▶ Typically via email
  ▶ Search platform alert services
  ▶ Journal article alert services
  ▶ Table of Contents page alerts
  ▶ News bulletins

Social media as a current awareness tool
  ▶ Blogs & Twitter
  ▶ Social networking - Facebook, LinkedIn
RSS reader

Any site with RSS feed

News websites
Blogs
Journal ToCs

eg
News websites
Blogs
Journal ToCs

Fast

Slow
‘Really Simple Syndication’ or ‘Rich Site Summary’

Collection and delivery of new web content without the need to visit individual websites

Collect items when published
- ensures that you are kept up-to-date
- minimal effort

Items gathered via RSS can be viewed in an RSS ‘Reader’
Many sites provide updates using RSS eg

- Journals – eg for table of contents
- Database platforms – Ovid; PubMed etc
- News websites
- Blogs

Look out for the RSS icons:
- Set up and manage news and alerts
- All in one place within the reader
- Free to use (basic version)

- **Feedly**
  - Web & mobile apps (Android, iOS)

- **Netvibes**
  - Web (Responsive – ie adapts to screen size for mobile)
  - Mobile apps – iOS only but out of date
  - Also a personal dashboard

- **Create account (free)**
  - [http://feedly.com/](http://feedly.com/)

- **Add Content (ie RSS feeds)**
  - Up to 100 feeds
  - Eg feeds from different journals eg for Nature
  - Can use a URL eg [http://www.nature.com/webfeeds/](http://www.nature.com/webfeeds/)
  - Or Search for Nature

- **To Organise / Unfollow feeds**
  - Click on profile icon top right
  - Select Organise sources

**Help:**
- Posts on various features [https://blog.feedly.com/](https://blog.feedly.com/)
- [http://feedly.uservoice.com/knowledgebase](http://feedly.uservoice.com/knowledgebase)
• Create account (Basic option is free)
  • http://www.netvibes.com/

• Reader mode

• Add a feed
  • Eg for JAMA
    http://jamanetwork.com/pages/rss

• Add Tab (in Reader mode, listed bottom left)
  • eg a Journals tab to hold feeds from different journals
• Allows you to aggregate from different sources eg:
  • Blogs, Twitter, FaceBook, News sites
  • Podcasts / Video
  • Any site that provides a ‘feed’

• Netvibes help
- Experiment with **Feedly**
- Sign-up with a web-based email account
- Use p 5-6 of your help-sheet to set up feed

- Explore **Netvibes**
- Sign-up with a web-based email account
- Use p 3-4 of your help-sheet to set up a feed
- Ovid
- EBSCOhost
- Web of Science
- PubMed
- NHS Healthcare Databases
- Citation alerts
Create an alert in your database platform of choice:

- Ovid
- EBSCOhost
- PubMed
- NICE HDAS
- See p7-15 of your help-sheet for details
- Over 30,000 journals covered (includes 12,600 selected open access; 11,500 hybrid)
- Search and browse journals
- Register to save selected ToCs
  - up to 30 for free
- Export ToCS to OPML file (for import to Reader) or email alerts
- Freely available, UK HE produced.

http://www.journaltoacs.ac.uk/
- Create an alert which emails you the tables of contents of journals which you select
- Create an alert which searches for keyword matches in the titles of ANY of the journals
- SGUL login (not available to NHS)
- Zetoc RSS available for journals providing RSS feeds
- [http://zetoc.mimas.ac.uk/](http://zetoc.mimas.ac.uk/)
Most journal publishers offer online alerting services

Find your favourite journal site

Register with the publisher site and sign-up for alerts to your inbox or RSS reader

Citation alerts
- Apps to read individual journals
  - iOS & Android / Free

- Read by QxMD

- BrowZine
  - [https://www.imperial.ac.uk/admin-services/library/find-books-articles-and-more/browzine/](https://www.imperial.ac.uk/admin-services/library/find-books-articles-and-more/browzine/)
DynaMed Plus and McMaster University's Health information Research Unit are collaborating to provide you with access to current best evidence from research, tailored to your own health care interests, to support evidence-based clinical decisions.

This service is unique: all articles (from over 110 premier clinical journals) are pre-rated for quality by highly trained research staff, then rated for clinical relevance and interest by at least 3 members of a worldwide panel of practicing physicians. Here's what we offer:

- A searchable database of the best evidence from the medical literature
- An email alerting system
- Links to selected evidence-based resources

**Hit Parade: The most often read articles in all disciplines, in the past 30 days**

1. **Noninvasive Ventilation in Acute Hypoxemic Nonhypercapnic Respiratory Failure: A Systematic Review and Meta-Analysis.**
   Crit Care Med (Review)

2. **Effect of Cephalexin Plus Trimethoprim-Sulfamethoxazole vs Cephalexin Alone on Clinical Cure of Uncomplicated Cellulitis: A Randomized Clinical Trial.**
   JAMA (Original)

3. **Predicting suicidal behaviours using clinical instruments: systematic review and meta-analysis of positive predictive values for risk scales.**
   Br J Psychiatry (Review)

**News and headlines:**

- TV in bedroom risk factor for child obesity
  Mon, 05 Jun 2017 16:30:00 GMT
- 'Everyday chemicals' linked to cancer
  Fri, 02 Jun 2017 17:30:00 GMT
- Cold water just as good as hot for handwashing
  Thu, 01 Jun 2017 17:00:00 GMT
- Link between stress in pregnancy and ADHD unfounded
  Wed, 31 May 2017 17:30:00 GMT
- Parents' phone addiction may lead to child behavioural problems
  Wed, 31 May 2017 16:30:00 GMT

**Register now:**
Not yet signed up to EvidenceAlerts?
Click here to register

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http://plus.mcmaster.ca/EvidenceAlerts/
Use eTOCS to receive email notification for new journal issues
All of the key UK health organisations produce news bulletins or newsletters

Normally available via email sign-up

For example:
- NICE eNewsletter
- St. George’s Library Health E-News
  - http://library.sgul.ac.uk/nhs-staff/keeping-up-to-date
Activity

- Create an alert for a journal:
- JournalTOCS
- Zetoc (SGUL only)
- Individual publisher
- See p16-19 of your help-sheet for details
- Blogs
- Twitter
- Social networking sites – Facebook, LinkedIn

Source: http://www.webdesignbooth.com/
Some examples …

- **BMJ group blogs** [http://blogs.bmj.com/](http://blogs.bmj.com/)
  - Highly recommended: Richard Lehman’s weekly review of medical journals


- **Trust the Evidence** (Carl Heneghan, CEBM Director)

- **Top Health & Medical Bloggers (US / Canada focus)** [http://hlwiki.slais.ubc.ca/index.php/Top_Health_%26_Medical_Bloggers](http://hlwiki.slais.ubc.ca/index.php/Top_Health_%26_Medical_Bloggers)

Blogs often have links to other related blogs

- **St George’s Library blog** - check Blogs list on home page
  - [http://stglibrary.wordpress.com/](http://stglibrary.wordpress.com/)
- Can see what people are tweeting
  - Don’t need an account to do this

- Twitter search
  - [https://twitter.com/search-home](https://twitter.com/search-home)
  - Search tweets using hashtag eg #ukmeded #nhs
  - Useful for conferences – will have an ‘official’ #

- Healthcare Hashtag Project (US)
• Check Twitter lists to find people
  • Who do they follow?
  • Who is following them?
  • NB Need a Twitter account to view lists

• Check websites or blogs for professional or educational institutes, charities, libraries etc
  • Will most likely have a Twitter account

Source: http://www.mediabistro.com/
- If you want to write tweets or ‘follow’ people
  - Need to create an account
  - Help guides:
    - https://support.twitter.com/articles/215585-getting-started-with-twitter#

- LSE Twitter guide for academics

- HCUK Twitter Guide for NHS and Social Care

Source: http://www.freeiconsweb.com/
- @StGeorgesUni
- @StGeorgesTrust
- @SWLSTG
- @givingtogeorges – NHS
- @INTO_SGUL & @INTOHIGHER
- @sgullibrary
- @SGUL_SU
- @GlobalSGUL
- @SGULGradSch
- @SGULIT
- @uni_sgul_ku
- @nhssm
- @WeNurses
- @WeDocs
- @WePharmacists
- @WeAHPs
- @PhysioTalk
- @NatElfService / @Mental_Elf

- @amcunningham – Anne Marie Cunningham GP & Primary Care Clinical Director at Aneurin Bevan Health Board (Previously lecturer at Cardiff Uni Medical school)
- @mellojonny - Jonathon Tomlinson; London GP & NIHR Research fellow
- Facebook
- LinkedIn
- Library website > Researchers
  - http://www.library.sgul.ac.uk/researchers
  - Keeping up to date section
- **NHS Current Awareness Services**
  - [http://www.library.sgul.ac.uk/nhs-staff/keeping-up-to-date](http://www.library.sgul.ac.uk/nhs-staff/keeping-up-to-date)

- **Education Horizon-Scanning Monthly Bulletin**

- **Trending articles**
  - BMJ most read / shared in UK [http://www.bmj.com/](http://www.bmj.com/)
  - Lancet most read / most cited (Scopus) [http://www.thelancet.com/](http://www.thelancet.com/)
  - Altmetric top 100 [https://www.altmetric.com/top100/2017/](https://www.altmetric.com/top100/2017/)
Steps:

1. Set up RSS reader/personal dashboard to add RSS feeds from all your favourite websites or topics

2. Set up database topic alerts via email/RSS

3. Set up alerts from key journals via email/RSS – via desktop or app

4. Social media – need to be selective!

5. Help with these features - YouTube tutorials